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ELECTIVE CERTIFICATION FOR ARTS & CULTURE

WHO WE ARE

Richmond Hill Art School is one of the largest art education establishments in the GTA, proudly teaching students the foundations of fine arts. Our specialty is to deliver art education in a fun and engaging format, allowing students to explore their creativity. We collaborate with the TDSB and YRDSB schools on a variety of projects.



ART THERAPY FOR PERSONAL GROWTH & PROFESSION HANDS-ON WORKSHOP + EXPERIENTIAL LEARNING

Unveil the power of creativity and self-expression! This interactive workshop is designed for high school students seeking to enhance their mental wellness journey and explore the captivating world of art therapy. Discover how art can be your personal sanctuary and even pave the path to a rewarding career as an art therapist.

Objectives:

- Introduce the concept of art therapy and its profound impact on emotional well-being.
- Provide hands-on art therapy techniques for participants to apply in their lives.
- Shed light on the educational path and opportunities to become a registered art therapist.
- Foster a safe and open environment for self-expression and learning.



Led by:
Evgenia Khilov
DTATI, RP

Evgenia is a passionate Art Therapist and Registered Psychotherapist, with a deep commitment to facilitating healing and personal growth through creative expression. With a master's degree in Art Therapy and years of clinical practice, Evgenia brings a wealth of knowledge and expertise to guide you on this transformative journey.



Goals:

1. Personal Wellness: Equip students with effective art therapy techniques to manage stress, enhance self-awareness, and promote overall mental health.
2. Career Exploration: Uncover the possibilities of a fulfilling career as an art therapist and gain insights into the educational journey required.
3. Creative Empowerment: Empower participants to embrace their creativity as a tool for self-discovery, growth, and communication.

Why Attend? Invest in your mental wellness journey and discover a potential career path that aligns with your passion for creativity and helping others. Join us for a transformative experience that leaves you inspired, informed, and equipped with valuable skills.

SINGLE CERTIFICATION + EXPERIENTIAL LEARNING

*Up to 35 students per session

Useful Purposes for Students:

- Self Care
- Career Insight
- Personal Growth
- Peer Connection

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